



67 Bathurst Street
PO Box 712 Grahamstown 6139
Tel: (046) 622 8831 Fax: (046) 622 8832
Email: info@raphaelcentre.co.za
Website: www.raphaelcentre.co.za
027-238-NPO PBO 930 016 816



Project Chart

Child Safety Workshops (7-10 years)

Project Composition: Workshop1 (Emergencies: Fire and Crime) and Workshop2 (My body is *my* body – body safety and assertiveness skills)

Dates: Workshop 1: 16th and 17th April 2015 (concluded)/ Workshop 2: 22nd and 23rd May 2015

Venue: Makana Pre-School



1. Project Background and Overview

At a workshop held by the local Department of Social Development a legal practitioner informed us that 80 percent of all crime victims are children. The majority of them are poor. Judith Rungani, a social worker at the Grahamstown Area Distress and Relief Association (Gadra), raised concerns about poverty in Grahamstown and its relation to substance abuse which frequently are leading to unsafe situations for children (Grocotts Mail, 17th March 2014). Unemployment and poverty of caregivers tend to co-relate with excessive drinking which often leads to child neglect, violence amongst adult family or household members and abuse of children. There are cases where children are left and locked in at their homes while the guardian(s) are spending money and hours at taverns or other social places. This leaves the children exposed to dangers, which are - especially during the winter time - incidences of domestic coal due to paraffin heaters and lamps which are used to keep the house warm. An absence of caregivers – physically and/ or mentally (after use of drugs or alcohol) cause situations where children are left playing or sleeping unattended and exposed to strangers (e.g. visitors of garden flat tenants or other) or abusive family members.

The African proverb: “It takes a whole village to raise a child” indicates what is lacking in many semi-urban and urban communities today: They miss shared responsibility and consciousness for child protection. On the one hand, we wish to tackle the problem through projects which are aiming at revitalising such community values. On the other, we are convinced that when laying focus on teaching children body assertiveness skills and how to recognise and manage emergencies we could form a solid foundation of child protection and child safety.

Reference:

<http://somesecrets.info/blog/2014/5/9/protect-your-child-from-sexual-abuse> (last access 29.1.2015)

Grocotts Mail online, 15th March 2011 “How alcohol cuts into the community” (available at: <http://www.grocotts.co.za/content/how-alcohol-cuts-community-17-03-2011>. Last access 20.05.2014)

2. Project Overview

Project Title: Child Safety

Project Start Date: 16th April 2015

Projected Finish Date: 23rd May

Budget Information: Rand 3,225.00

Project Coordination: Nondumiso Pinyana phone: 046-622831/ 073-0326898 Ndumi@raphaelcentre.co.za

Project Objectives:

1. Assertiveness skills and informed response in threatening situations
2. Individual awareness about his/her social support
3. Against powerlessness feeling in threatening situation
4. Promoting trust in gut-feelings and awareness of what is right or wrong

Approach:

The project was planned for children who are between 7 and 10 years old. In this age group we accommodate 15 children at our Child and Youth Wellness Programme at the moment. The theme "Child-Safety was divided into two main topics: 1. Emergencies (Workshop 1), 2. Body Assertiveness Skills (Workshop 2). The idea was that all children bring their parents or at least one adult household member along to *Workshop 1*. For *Workshop 2* the children were encouraged to ask for company by one close friend or sibling.

Workshop 1 "I know what to do" (Emergencies in the neighbourhood and at home):

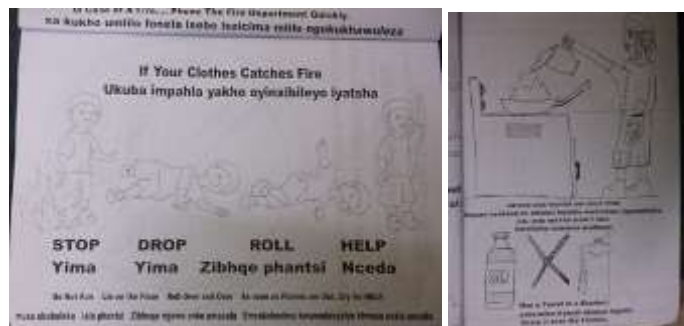
- Day 1: Thursday, the 17th April 2015, 2:30 – 4:30 pm (Rape Survivor Unit in Grahamstown)
- Day 2: Friday, the 16th April 2015, 2:30 – 4:30 pm (Fire Department Grahamstown)

This workshop was aiming at teaching about how to recognize and manage dangerous situations at home. In the Grahamstown community these are burglaries, domestic violence, and, especially in winter season, domestic coals. We approached the Fire Department as well as the Family Violence, Child Protection and Sexual Offences Unit (rape survivor office) of the SAPS in Grahamstown to teach the children.

Day 1: Fire Department: Fire Safety

This year the colleagues from the Fire Department brought educational fire-safety booklets for each child. It is made of colouring in pictures.

The fire fighters taught the children about how to act in cases of fire. They spoke about what is causing fire and dangers of fire. They learned the Fire Department's





telephone number. The children were taught about how to behave in case of domestic fire and what to do in case any of their clothes are set on fire. Furthermore, they were informed about different ways of extinguishing fire. Interesting this year again, was

the fire fighter uniform and when the colleagues from the Fire Department explained how this uniform protects them from burns and smoke.

Day 2: Family Violence, Child Protection and Sexual Offences Unit: Emergency and Body Safety

<p>Two colleagues from the Family Violence, Child Protection and Sexual Offences Unit followed our invitation to teach the children about how to respond to threat and crime, such as violence at home, bullying at school, adults and consequences of substance abuse, body safety. Furthermore they</p>	
	<p>evaluated different situations of what is crime and injustice together with the children by means of referring to emotions, such as feeling sad (sad face), feeling angry (angry face), feeling happy (happy face) and feeling scared (scared face). In doing so they asked the children for instance: “How would you feel if someone took your ...”</p>

Workshop 2 “My body is my body” by Roxanne Mohammed (RU Psychology, Fort England)

- Day 1: Friday, 22nd May 2015, 2:30-5:00
- Day 2: Saturday, 23rd May 2015, 10:30-13:00

Workshop 2: “My body is my body” (sexual abuse prevention)

“The statistics on the sexual abuse of children are staggering. Some estimates place the incidence as high as 1 in 3 girls and 1 in 6 boys are sexually abused before their 18th birthday [...] The most vulnerable age for children to be exposed to sexual abuse is between 3 and 8 years with the majority of onset happening between these ages” (somesecrets.info/blog/, last access 28th January 2015). Apart from re-enforcing child protection awareness in communities, experts stress the importance of educating children about body safety and assertiveness. The workshop is for children who attend the Child and Youth Wellness Programme and are of the ages from to 10 years. They will be encouraged to bring one friend or a sibling along. It is facilitated by a Master student from the Rhodes University Psychology Department and will be held in May 2015.

Roles and Responsibilities:

Role	Name/ position	Organization	Contact Information
Project and group coordination, translation	Nondumiso Pinyana	Raphael Centre	Ndumi@raphaelcentre.co.za
Project chart, budgeting and reporting	Anne Loeffler	Raphael Centre	anne@raphaelcentre.co.za

Project Assistant	Luyanda Lisani	Raphael Centre	046-622 8831/083-3387213
Workshop-1 Facilitation:	Mr Welcome (Fire Chief)	Fire Department	2 Knight Street Grahamstown/ fire@makana.gov.za
	Ms ?	SAPS Grahamstown Rape Survivor Office	
Workshop-2 Facilitation:	Roxanne Mohammed		G14m6390@ru.ac.za

Child Safety 2015 Budget Information:

Workshop 1

Item		
Facilitation (350 Rand per day)	2 days	Rand 00.00 (free service)
Venue hire (60 Rand per day)	2 days	Rand 120.00
Transport		Rand 240.00
Material		Rand 400.00
Refreshments (250 Rand per day)	2 days	Rand 500.00
Workshop 1	TOTAL	Rand 1,260.00

Workshop 2 -

Item		
Facilitation (350 Rand per day)	2 days	Rand 700
Venue hire (60 Rand per day)	2 days	Rand 120
Transport	2 days	Rand 240
Material		Rand 400
Refreshments (250 Rand per day)	2 days	Rand 500
Workshop 2	TOTAL	Rand 1,960.00



Childsafety Workshops - Stakeholder Analysis

Prepared by: Anne Löffler Date: 29.01.2015

	Stakeholder 1	Stakeholder 2	Stakeholder 3	Stakeholder 4	Stakeholder 5
Organization	Fire Department	Police	RU Psychology Clinic (Roxanne Mohammed)	Makana Pre-school	US Ambassadors
Role on project	Experts Fire Safety	Experts in Safety	Experts in Psychology/ child and youth psychology	Venue	Main Sponsor of project
Unique facts about stakeholder	Expertise and daily practice and devices of fire safety	Expertise	Good connection through former annual recruitment of 2 students to help in the programme	In the community/ centre of kids attending, ergo: easily accessible (community partner)	Internationality and financial resources
Level of interest	Expertise	Expertise, networking (referrals)	Professional (community partner) – students also learn through practice with us	Relatively important, Alternatives are moderate but not as good	Sponsorship
Level of influence	Very important	Very important	Very important, Alternatives are expensive	Payment of rent (as we also support sustainability of our comm.partners)	Very important: Liquidity, finances for project realisation
Suggestions on managing relationships	Thank you letter Mentioned in annual report/ web and facebook	Thank you letter Mentioned in annual report/ web and facebook	Thank you email to supervisor with pictures, mentioning on web and facebook, personal thank you to students (photo, card etc)	In announcement exhibition + annual report: mentioning support at posters/ pamphlets and media/ thank-you, invite to exhibition- opening	Project Report In announcement exhibition + annual report: mentioning support at posters/ pamphlets and media/ thank-you

RC = Raphael Centre