



## Project: Child and Youth Safety

### Project Composition:

- 🧵 7-18 years: Rights and responsibilities
- 🧵 7-18 years: Resilience (e.g. Discovering your strengths -Shield of courage, family tree, self-awareness through art, etc.)
- 🧵 7-18 years: Assertiveness skills (e.g. body assertiveness skills 'My body is my body', identifying forms of abuse, taking action, cyber safety)
- 🧵 12-18 years: Problem and Conflict Solving Skills (Persona-Doll story telling workshops: covering life skills for teenagers to remain safe and healthy for example sexual and reproductive health)
- 🧵 12-18 years Leadership Camp (e.g. public speaking, ethics & conscious leadership, etc.)
- 🧵 16-18 years Peer Facilitator Training (workshop facilitation skills): Khanya
- 🧵 7-18 Counselling and referrals to community partners (where deemed appropriate)

### Facilitator:

Nomaxabiso Fani & assistance (Rhodes University student volunteers)





### Background

In South Africa, it is estimated that 80% of all crime victims are children. They are at risk of abuse, neglect and exploitation. "The statistics of sexual abuse of children are staggering. Some estimates place the incidence as high as one in three girls and one in six boys are sexually abused before their 18th birthday." (<http://e2epublishing.info>). Children and youth are barely aware of their rights and responsibilities. Besides, youth often misses appropriate information and support in making informed choices which especially applies to situations where trauma caused by poverty, peer pressure and socio-economic desperation lead to risky responses, such as transactional relationships, teenage pregnancy and sexually transmitted diseases.

We aim to promote children's rights for which it has become paramount to equip children and youth with assertiveness skills which can help to keep children and youth safe from harm and, if necessary, to take action.



## Project Aims

-  Awareness healthy and unhealthy / dangerous situations, places and relationships;
-  Unlocking personal strengths (gifts, talents, knowledge, etc.) for resilience;
-  Informed response;
-  Easy access to non-discriminating and caring support for children and youth.

## Project Participants

48 children and youth who are part of Siya Sonke families are the main participants in this project. The Raphael Centre works with 35 families under the programme called 'Siya Sonke'. Adults and children/youth are the main partners in this intervention. However, some of the activities, such as youth debate and Child Protection week (below) also involve peers of the Siya Sonke children and youth.

## Project Activities

What	When	With whom	Resources
(Workshop/ sessions) Rights and Responsibilities: 7 - 11 years <ul style="list-style-type: none"> <li>- Introduction: Children's Rights</li> <li>- Wall of Rights and responsibilities (visioning boards)</li> <li>- Role Play Accessing Rights</li> </ul>	Mar 2020	RU	Transport Venue Stationary Magazines Refreshments
12-18 years <ul style="list-style-type: none"> <li>- Introduction</li> <li>- Sexual and Reproductive Health Rights Workshop: (Prevention, care and treatment of STI's/ treatment of reproductive tract infections/ Family Planning and Contraceptives/ Safe and unsafe abortions/ Early diagnosis of breast and cervical cancer/ forced marriage (ukutwala)/ healthy relationships/ Early pregnancy/ LGTB/ Violence against women/ Women Rights Activism)</li> <li>- Persona Doll Story Telling Workshop (Sexual and Reproductive Health Rights)</li> </ul>	Mar 2020 Nov to Dec 2020 (5 to 7 days)  Nov to Dec 2020		
Peer Facilitators Training for Khanya (Persona Doll Story Telling): 16-18 years	Feb 2021	RC staff	Transport Venue Stationary Flip chart/ white board Manuals Refreshments
(Workshop/ sessions) Resilience: 7-11 years: <ul style="list-style-type: none"> <li>- Discovering strengths: Family Tree (Close associations / social assets for protection)</li> </ul>	Apr 2020	RU volunteers	Transport Venue Stationary Maps Pictures Refreshments
12-18 years: <ul style="list-style-type: none"> <li>- Peer-support</li> <li>- Discovering Strengths: Artwork</li> </ul>	Nov/Dec 2020 March-May 2020	Carinus Art Centre	

7-18 years: - Discovering strengths: Self-esteem and Self-Image (Who am I, how others do see me) - Discovering Strengths: Circle of Courage	July 2020	RU volunteers	
(Sessions) Child and Youth Protection week for Assertiveness Skills 7-18 years: - meaning of child protection, - how to identify child abuse (forms of abuse) - Domestic violence and its impact - Cyber bullying (12-18 years) - Cyber grooming (12-18 years)	May-June 2020	RU volunteers	Transport Venue Stationary Refreshments
Leadership Camp 12 to 18 years: (e.g. problem and conflict solving/ team building skills/ public speaking: debating, dialogue & presentation skills/ ethics & conscious leadership knowledge/ visioning, pitching, planning & budgeting skills)	11 to 14 Dec 2020	RU volunteers Hobbiton/ Fairwood	Transport Venue Pers. Dolls Stationary
Youth wellbeing Debate: 12 to 18 years - Training in debating (*see Leadership Camp) - Debate event	21 March 2021	FAMSA, Childwelfare RU Psych. Clinic, Settlers Day Hospital, Fort England	Transport
Self Defense Training	October- December 2020	Shotokan Karate Club Trainer/ Mfuzo Boxing Club	Refreshments (water) Venue

## Budget

Item	Description	
Communications	Airtime	R 2,500
Staff Salaries	7% of annual salaries	R 19,320
External contractors	28 sessions for 350 Rand per session	R 9,800
Nutrition/ Refreshments	15 R p Person for 1 session/ 48 people/ 60 sessions	R 43,200
Project Resources and Materials	Hand Sanitizers, 48 face masks, disinfectant (cleaning), stationary, manuals, workshop resources/ toolkit	R 28,000
Equipment	1 Laptop, 1 Data Projector	R 10,500
Transport	Public Transport R24 per person within town (including return), 12 people, 60 sessions	R 17,280
Venue	Camp (28 people: accommodation & catering) Workshops and sessions	R 16,500 R 1,200
Indirect admin costs	10% project costs (including Monitoring & Evaluation Learning)	R 14, 830
<b>Project Total:</b>		<b>R 163,130</b>